STAGE SET FOR EARLY ELECTIONS IN ISRAEL

PAGE 06

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Celebrity Buzz

No regrets over racy photos: Hudgens
pg 14

Fatal rollover follows heated truck dispute

DRUMHELLER A Drumheller man is dead after a drunken argument about whose truck was the fastest ended in disaster.

A group were drinking and chatting at the New Castle Bar in Drumheller just before midnight Wednesday, when a talk about the performance of their trucks got heated. Two men left and got into a 2007 Ford truck. Seconds after the truck peeled out of the parking lot, a loud bang was heard, as the truck hit a tree and rolled.

Jeremy Bael, 26, died instantly in the collision. Lucas Mitchell, 24, has been charged with a long list of offences, including impaired driving causing death.

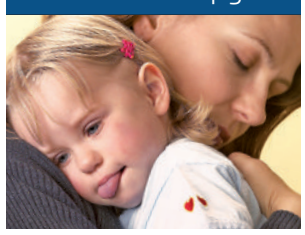
Both alcohol and speed are believed to be factors in the collision. Neither man was wearing a seatbelt.

METRO EDMONTON

Comment pg 7

Kids a solid investment

Alberta Works pg 10



Double duty stress-load

Entertainment pg 13

Tasty Italian eats in Calgary

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PHOTOS BY ROBIN KUNISKI/FOR METRO CALGARY

Calgary Police are investigating after two people were gunned down in a northeast Calgary restaurant early yesterday morning. Police say the shootings bear the marks of a gang-style hit.

Gangs eyed in deaths

Police suspect shooting that killed 2 was targeted attack

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Police believe two people killed and two injured in an early morning restaurant shooting yesterday were the victims of a targeted gang attack.

Staff Sgt. Kevin Forsen said while the four victims shot at the Food in East restaurant in the 4100 block of Marlborough Dr. NE aren't known to police, the killings have classic gang-related signatures.

"We believe the method of the shooting is similar to gang shootings we have seen before," Forsen added.

Bystanders were reluctant to speak in the wake of Marlborough's sixth homicide in 2008.

Police were called to the Chinese eatery just before 4 a.m. after four people were shot inside. A male and a female were found dead, while two others were brought to hospital, one in critical condition. A fifth person at the table wasn't injured.

Neighbours of the restaurant were woken early to sirens, and while some were surprised about the double murder, some weren't.

One man, who wouldn't give his name out of fear of retaliation, said the area often sees a lot of violence.

"It's that bad around here, I don't even want to say anything — it's that bad," he added.

But another neighbour, Victor Patton, has lived there for 12 years and says while there have been several shootings in the past several years, he isn't worried about his safety.

"I'm more worried about the city of Calgary than the neighbourhood. I'm not surprised it happened, but I'm not really scared either," he said.

Police don't have any suspects in custody.

Murder count

• This marks Marlborough's fifth and sixth murders of 2008. In a span of just two weeks in August, the area saw three separate murders.

Mason turns up heat on minister

TARCHUK Alberta's New Democrats say Children and Youth Services Minister Janice Tarchuk still needs to resign because she knew about problems surrounding children in government care, including reports of sexual and physical abuse.

"Kids in care were being abused, the minister knew it and did nothing about it," said NDP Leader Brian Mason in a press release.

"She should resign, and if she refuses, the premier should fire her."

Alberta's child and youth advocate John Mould told reporters last week that the system is not in crisis, but he does feel responsible in completing his annual reports a few years too late.

"I absolutely take full responsibility for the fact that two annual reports are late," said Mould to CBC.

Mould said he refuses calls from critics to step down as the province's advocate.

METRO EDMONTON

Review

• Premier Ed Stelmach announced last week that he would review whether or not Alberta's child advocate should report to MLAs.

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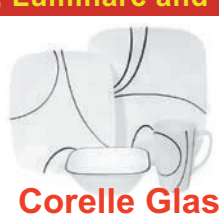

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Belfast library gets facelift
The Belfast School Library is set to open their newly revamped library at 9:30 a.m. today, coinciding with National Library Day. The new school library is located at 1229 17A St. NE. METRO CALGARY

Local

Register for carving

The United Way Pumpkin Carving and Costume Contests are still taking team registration for the Friday competition. Visit www.opportunityworks.ca for more information on how to get in on the trick-or-treat fun.
METRO CALGARY

ROBIN KUNISKI / METRO CALGARY

Amy Watson, 20, looks at the African village display at the annual Calgary Women's Show at the Roundup Centre yesterday.

Insight into Africa

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Thousands of mothers, daughters, sisters and best friends flocked to the Calgary Women's Show this weekend looking for the latest in girl stuff.

But many left with a completely different perspective after walking through the World Vision's ONE Life Experience interactive display, giving visitors a lifelike tour of an African Village.

"This was definitely the most interesting thing here," 20-year-old Amy Watson said. "It was such an amazing experience and I'm definitely taking a lot from it."

"They aren't just surviving, they are thriving."
Celina Laforet

The audio-tour shows the real life stories of war in Africa and the stories of survivors. But display spokesperson Celina Laforet said they are more than just survivors.

"They aren't just surviving, they are thriving. These people have remarkable stories to tell, and the impact on people hearing them is tremendous."

Laforet says many people exit the emotional tour with a deeper understanding of issues like severe poverty and AIDS that affect millions of African people.

"A lot of them said it has changed their life and many say it feels like they have just been to Africa and back," she added

McIver pans foot bridge cash

NEIL MACKINNON
neil.mackinnon@metronews.ca

FUNDING Transit and roadwork would be better suited to a $25 million injection than pedestrian bridges the city could build at any time, according to one city alderman.

Ric McIver said Calgary has much more pressing infrastructure needs than a recently approved $25 million project to build walking bridges over the Bow River.

"If we're going to spend it, we should at least spend it on something we actually need right now."
Ald. Ric McIver

"If we're going to spend it, we should at least spend it on something we actually need right now," he said.

"Pedestrian bridges are nice, but they're not an absolute necessity."

McIver said a major public outcry forced his hand in the formulation of a notice of motion to be tabled Nov. 3 putting a stop to the Bow Bridge plans.

"This is the only way to make sure it doesn't happen," McIver said. "It's a classic example of spending money on the least important items first. It's backwards."

The pedestrian bridges would account for about a three per cent tax hike, McIver said.

News in brief

GOD The University of Alberta may follow the University of Calgary's lead and drop God from its convocation speeches. Ian Bushfield, the head of the U of A's atheist and agnostic association, will make his case to drop God from speeches today, following similar moves at both the U of C and University of Toronto.
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Police warning public after third sex assault

ALERT City police are on the hunt for at least two sex offenders involved in three separate incidents.

The most recent incident occurred on Friday night when a 22-year-old woman was walking east along 25th Avenue SW around 9:30 p.m. when a man attempted to sexually assault her in the bushes.

She was able to fight off the suspect, described as a white male in his 40s, about five-foot-four, 150 pounds, with a three-day growth beard. METRO CALGARY

Recovery centre opens a women's wing

Serenity Ranch, a Central Alberta Recovery Centre for men, has opened a women's wing. It's a 21-day residential treatment program called the Foundation Program, located 30 km east of Lacombe, Alta. METRO CALGARY

Criminals could shift from Cecil

NEIL MACKINNON
neil.mackinnon@metronews.ca

With a tentative deal in place for the city to buy the notorious Cecil Hotel, Calgarians can expect little to change other than a shift in problem areas.

Grant Shepherd, a small business owner who has stayed at the Cecil periodically for years, said its rampant violence, drug and alcohol problems speak for themselves, but at least it's a centralized location for police to keep tabs on.

"If they tear this place down or close it up, it's not going to be at one spot anymore — it's going to explode to at least 20 corners in the city," said Shepherd.

"This isn't the answer. It's just going to cause more problems than already exist."

ROBIN KUNISKI FOR METRO CALGARY

The Cecil Hotel has been a centralized crime hot spot cops can keep their eye on. But what happens if the city buys it and the problem moves?

Ald. Ray Jones agreed and said the answer is that Calgary, like every major Canadian city, just needs to accept the fact that there are sketchy folks in dodgy areas, and not much can be done other than what's already in play.

"The reality is that there will always be drug-dependent and mentally depraved people," Jones said. "No matter how much we want to or try to change them, you can't force it. They have to want it."

Calgary Police Service Sgt. Frank Cattoni said the Cecil has been designated a crime hot spot for some time, ensuring additional officers were put on patrol in the area.

If it's shut down and the criminal element shifts, so will police resources, Cattoni said.

Last-minute costume rush

KRISTA SYLVESTER
krista.sylvester@metronews.ca

HALLOWEEN Don't have a Halloween costume yet?

Don't fret; there are still a lot of monster, ghosts and ghouls to choose from.

Kendall Hind and her friends don't have costumes yet, but stopped by a Halloween store yesterday to pick something out.

"I think I want to be a fairy, and they are going to be pirates and Mexicans," 16-year-old Hind laughed. "We just came in to look around and have some fun trying things on."

While some are having fun with costume shopping last-minute, others are more worried about the tight deadline, with Halloween just five days away.

ROBIN KUNISKI / METRO CALGARY

Laura Oblander, 16, Adrianne Souvak, 16, and Kendall Hind, 16, try on Halloween costumes yesterday.

Rachel C. Hill, 27, says she is feeling the pressure of finding the perfect costume.

"The only good thing about waiting this long is I get to see what is popular. But the downside is, most of the popular ones are sold out," she added.

Race City 2010 closure stalled

TRACK Race City hasn't run out of gas yet.

While the city gave the track until April of 2010 to close up shop so they can build a storm water pond on the site, a motion by aldermen Joe Connelly and Ric McIver, which will surface Nov. 3, seeks to honour an original lease which wasn't set to run out until 2015. Shawn Bishop, who kicked off a petition to save the track that now has 8,950 signatures, said it's welcome news, as the city stands to lose not only a tourist destination but also millions in annual economic spin-offs.

NEIL MACKINNON/METRO CALGARY

News in brief

CRIME A Calgary businessman is in a Boston jail after he allegedly hired an undercover immigration agent to kidnap and kill his former lawyer. Nicholas Djokich, 57, and another man were arrested Oct. 18 after police say the men agreed to pay $40,000 for the hit against former Calgary lawyer Richard DeVries over a $175 million investment deal that went awry.

METRO CALGARY

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World Fantasy Convention begins this Wednesday
Calgary-based Hades Publications will host over 800 authors, editors and publishers at the 2008 World Fantasy Convention at the Calgary Hyatt Regency Hotel from Oct. 29 to Nov. 2. METRO NEWS SERVICES

Urban Compass

It was all royalty at Giddy Up

UrbanCompass

The criteria for the Stampede's Royal Trio read like a beauty pageant application. Must be between 19 and 24 years of age; no husband; no kids.

That is, until the last condition of entry: "Competent riding ability is a necessity."

"You're much more than a beauty queen," says Karin Hunter, 1996 princess and chair of the 10th annual Giddy Up Gala, held Saturday to raise funds for youth with developmental disabilities.

For evidence to support Hunter's claim, Urban Compass needn't go any further than 2009's trio: Princess Tara Sergerie, princess Kateri Cowley and queen Kerri Williamson. Williamson is a nursing student and Cowley is a TV and film student double, while Sergerie is both.

In addition to The Assassination of Jesse James, Cowley rode on the set of How the West Was Fun when she was nine. If that film doesn't ring a bell, maybe its stars will: The Olsen Twins.

"I spent that entire summer with them," she says.

'The Family'

Everyone knows everyone else here. As Urban Compass navigates the Hollywood-themed gala, they all drop references to the Stampede family, or simply "the Family."

The Stampede family and royalty, along with 550 of their closest friends, came together this weekend to raise over $200,000 for five different organizations: The Between Friends Club (Camp Bonaventure, Easter Seals), Camp Horizon, Providence Children's Centre, the Rainbow Society and the Calgary Stampede Foundation.

"They take care of one another," says Hunter. Up on royal appointment, Hunter says the women are embraced into the Family. "You enter a world you didn't know existed."

Always a Bride

The world can be quite a change for royal newcomers.

"I was a nerd," says Barb Colborne. "Nobody asked me on dates."

That changed when she was crowned Stampede princess in 1981. "I felt like a caterpillar becoming a butterfly."

That's not only for the 10 days of Stampede either. The "Q's and P's" (as they're called) flash toothy smiles for constant photo-ops during their reign.

"It's like being a bride for a year," says Colborne. For some, it can be difficult to let go of, she says. "(It's like) there's a new bride."

Others are happy to lay down the reins. "A weight is lifted," says Hunter. Many join the now 150-member-strong Stampede Queens Alumni Association to raise money for charity. Once you're in, it's hard to leave the Family.

Stampede sisters: Tara Sergerie (far left), 23, Kerri Williamson, 23, and Kateri Cowley, 22, are reigning Stampede royalty. "It's incredible to be part of 'the Family,'" Cowley says.

Above: Alumnae Barb Denoon (queen '75), left, and Barb Colborne (princess '81) pull out their royal smiles for the Giddy Up Gala. "Princesses do all the work," Colborne says.
Left: Seventeen-year-old Makrina Morozowski and Global TV anchor Gord Gillies relax after both speaking at the Giddy Up Gala last Saturday night.
Below, left: Stampede board chair George Brookman and his wife, Marjorie, toast the Giddy Up Gala.
Below, right: Past princess ('96) and current Giddy Up Gala chair Karin Hunter looks stunning in what she calls an "Angelina Jolie red-carpet knock-off." "It's time to enjoy the night," she says.

Quakes in California, Indonesia

Two earthquakes, one that registered 4.6 and another measuring 4.1, shook northern California early yesterday, while in Indonesia a quake measuring 6.4 jolted the Sulawesi Island. There were no reports of casualties or damage in either case. **REUTERS**

Canada/World

You can prevent HPV, but there is no cure

News in brief

RECOUNT Vancouver South Liberal MP Ujjal Dosanjh has hung on to his federal seat after a recount found he beat Conservative Wai Young by only 22 votes.

VIOLENCE Four teenagers were arrested and fined up to $200 for disturbing the peace after police officers were pelted with beer bottles at a 17-year-old's out-of-control birthday bash north of Gatineau, Que. early yesterday. **METRO CANADA**

SHOOTING Toronto police are searching for Kyle Weese after the shooting death of innocent bystander Bailey Zaveda at a bar. **TORSTAR NEWS SERVICE**

Tory beliefs financial obstacle: Economist

A growing number of economists and political scientists warn the federal government's own ideology may be the biggest obstacle to helping Canadians get through this financial crisis.

So far, the Conservatives' ideology consists of measures to assist the banks, without public guarantees the money would flow through to the real economy of consumers and businesses, according to McMaster University economist Atif Kubursi.

"They must not allow ideology to trump what is necessary now, and that is flexibility," says Kubursi. "My worry is their complete fetishism about deficits — it's a dirty word — is stopping them from seeing this is so serious they have no choice. It's necessary for the public good."

> **"Their complete fetishism about deficits ... is stopping them from seeing this is so serious they have no choice."**
> Atif Kubursi

Kubursi and other economists argue the issue goes further to how the government should be spending money in this crisis. Unless Ottawa changes its economic strategy, Kubursi fears Canada is heading into the "worst kind of recession when consumers stop spending ..... It's a crisis of confidence and there's no light at the end of the tunnel." **TORSTAR NEWS SERVICE**

Chess **World championship**

WOLFGANG RATTAY/REUTERS

Defending chess world champion Viswanathan Anand of India, left, and his challenger Vladimir Kramnik of Russia exchange a handshake before their ninth game, which ended in a tie, at the Chess World Championships in Bonn yesterday.

Israel headed for election

Israel moved yesterday towards an early election, a move likely to kill any remaining chances for a peace deal with the Palestinians this year, after ruling party leader Tzipi Livni dropped efforts to form a government.

Livni said prospective political partners had made "impossible demands" in weeks of bargaining.

Israeli media said the centrist Kadima party would table a bill to dissolve Parliament today, and set a new election date, when lawmakers convene after a long summer recess, but the motion would not necessarily come to an immediate vote.

Negotiations for a framework deal on Palestinian statehood have so far shown few signs of progress. And with Israel's political scene in turmoil, there appeared to be little chance of an agreement. **REUTERS**

Singer Hudson's nephew missing

SEARCH Chicago police asked the FBI on Saturday to help find the missing 7-year-old nephew of Academy Award-winning actress and singer Jennifer Hudson after her mother and brother were found shot to death a day earlier.

Julian King has been missing since Friday when Hudson's mother Darnell Donerson, 57, and brother Jason Hudson, 29, were found dead in Donerson's Chicago home. Police describe the murders as "domestic-related." **REUTERS**

News in brief

IRAQ Syria is holding the U.S. responsible for eight civilian deaths, five from the same family, after helicopters attacked a farm near the Iraq border. A U.S. forces spokesman denied that American troops were involved.

ELECTION Analysts and Republican party activists say a Democratic victory in the Nov. 4 election would trigger soul-searching within the party, and energize members for congressional races in 2010. **REUTERS**

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Business

Russia plans world finance fix

Russia has drawn up its own proposals to restructure the world financial system, which President Dmitry Medvedev will present at a global summit on the financial crisis next month, a senior official said yesterday.

U.S. President George W. Bush will host the summit on Nov. 15 in Washington to discuss the causes of the crisis and the principles by which financial regulators and institutions should be reformed.

Russian First Deputy Prime Minister Igor Shuvalov told state media that the proposals contained "measures on (revising) the international financial structure, on how international financial institutions should function, and they also concern national regulation," but did not reveal details.

Shuvalov said Russia had no plans to isolate itself from the rest of the world during the crisis, stressing that it was part of the global economy. If the world economy declined, Russia's growth would be short-lived, he added. **REUTERS**

Week of high anxiety to come

MARKETS Fears of a deep global recession dominated investor sentiment as financial markets in the Asia-Pacific region began to reopen today after last week's worldwide slide in stock prices and currency collapses.

There were early indications that governments and central banks will take further action to prop up the global financial system this week.

The Japanese Finance Minister called a news conference for 9 a.m, and the Bank of Korea announced an emergency meeting today amid forecasts from analysts that the bank will announce an interest rate cut.

But there is growing concern that intervention by authorities will not be enough to prevent companies from slashing production and jobs as sales get hit and financing remains difficult. **REUTERS**

In brief

BAILOUTS Kuwait's central bank propped up Gulf Bank, promising to guarantee local bank deposits amid currency trading losses, while Saudi Arabia will pour $2.67 billion US into the Saudi Credit Bank.

CHINA The central bank governor said that China must prepare for the challenges created by the global financial crisis, but that the economy is generally in good shape. He promised emergency liquidity to banks if needed. **REUTERS**

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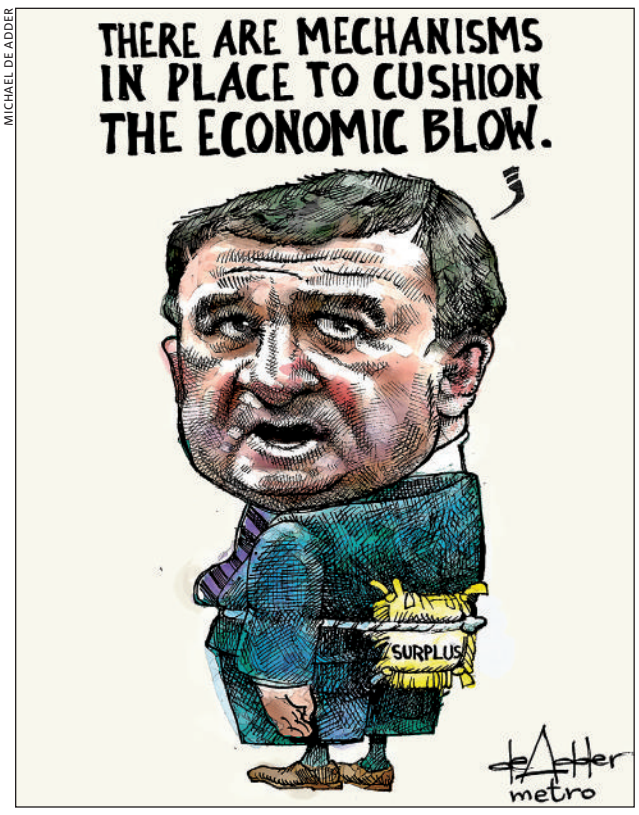
Comment & Views



MICHAEL DE ADDER

Letters

Samantha, CALGARY

I was quite offended when I read the article entitled "Dion Departing." (Oct. 21)

In particular, the line, "Dion, a French speaker who has had trouble making himself understood in English," seemed inappropriate to me. I assume the author was at least in part referring to the CTV interview in which Dion asked to start over.

That was an unfair situation; many people whose first language is English have trouble formulating their thoughts. We all need to start over sometimes in order to clarify our ideas. Attacking someone's speech, especially when it is their second language, is not justified.

I wonder, would the author have made the same comments about anyone who wasn't French Canadian? I strongly doubt it.

John Lidgett, CALGARY

I read your article on more and higher deposits (Hold on to those jugs — Oct. 23) by the Alberta government and more fees for waste.

My question is this: Since Calgary is bringing in recycling fees in the spring, will we still have to pay a deposit?

The timing of these new deposits would look like a money grab at both ends.

METRO Calgary

3030 – 3 Avenue NE, Suite 120
Calgary, AB T2A 6T7
Tel: 403-444-0136
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Advertising:
adinfocalgary@metronews.ca
Distribution inquiries:
calgary_distribution@metronews.ca

metro_inquiries@metronews.ca
calgaryletters@metronews.ca

Local:
Publisher, Steve Shrout
Managing Editor, Darren Krause
darren.krause@metronews.ca
Marketing Manager, Blaine Schlechter
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Comment

Bodycheck hockey for Opera Night in Canada

HineSight

Anne Hines

Break out the Styrofoam fingers and face paint. Grab a seat at your local pub. It's time to celebrate the start of hockey season. Unless, of course, you live in Toronto.

Fellow Torontonians, I want to address a serious and crushing problem that's caused longstanding heartbreak in our city. I don't mean gun violence or not being able to get the U.S. Super Bowl ads. Those are bad. I'm speaking of the fact that it's Week 4 and once again our team is playing like visually-impaired garden slugs.

I, for one, have had it with jokes like, "Hear about the guy who was afraid he'd contracted listeriosis after kissing the Stanley Cup? Fortunately, he realized nothing Maple Leaf had touched it in 41 years."

There's a solution. We'll abandon all forms of hockey and take up the arts.

I didn't say it was a great solution.

Consider the benefits. They hardly ever hold ballet performances in drafty arenas at 5 a.m. And the symphony will never expect you to shell out $180 for a jersey just because it's got the name of the first violinist on it.

Here are some tips to get you started:

Modern art: Do not wander around the gallery saying loudly, "My two-year-old paints as well as that." This is disrespectful. And not just to two year olds.

"Don't say, 'I'm gunna see a play.' Intone, 'I'm attending the theatre.' If you pronounce it 'Th-EE-a-tuh' it's even better."

An artist friend insists that to appreciate modern art, we must imagine what the artist was feeling when they were creating. I tried this and thought, "Perhaps he had a very bad experience … with a radish," and, "maybe her medication hadn't kicked in yet."

On a recent visit, my daughter, Jade, and I saw an amazing piece of art. A single black line on a blank wall. Obviously representing the stark isolation of modern life. We stood admiring the work right up until a janitor arrived with Windex to, "Clean that ink mark off the wall." We decided to call this performance art.

Theatre: Don't say, "I'm gunna see a play." Intone, "I'm attending the theatre." If you pronounce it "Th-EE-a-tuh" it's even better. Avoid experimental plays. I saw Hamlet performed as a one-man show. It got very confusing when the actor playing all the parts had to keep jumping up and stabbing himself.

So, goodbye Leafs. We're out. Done. Finito. We're over hockey. It's Opera Night In Canada now. Unless, of course, they win this week.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

In Canada, **HPV** is the most common **STI**

Views

Invest in future of Canadian children

Wendy Cukier

Something fell off the radar screen in the last election: Our children.

Discussions of national child care policy and early childhood education mostly evaporated when the markets crashed. But in tough times, support for young families is one of the best long-term investments Canada can make. (And I'm not talking about a token, souped up "baby bonus.")

Companies understand their ability to attract and retain workers, particularly young women, depends on support for working parents. More than 65 per cent of women with children under the age of five work outside the home, fuelling an acute need for quality options.

Last week, an Organization for Economic Co-operation and Development (OECD) study reminded us that the gap between rich and poor in Canada has increased dramatically over the last 10 years. Hardest hit? Young people and families with children. Canada is now below average among high-income countries in its social investments.

Investments in early childhood education and child care fuel economic and social development. They allow parents to choose to enter the labour force and improve their prospects. Many become trapped in a cycle of poverty because, quite simply, they cannot afford to work outside of the home. And we can also improve the prospects of children for later success also reducing social costs, particularly when children most at risk are targeted. The quality of life in Canada has long been a source of competitive advantage and we cannot allow it to be further eroded.

Many ask "Can we can afford the investment?" The better question, according to economists Gordon Cleveland and Michael Krashinsky, is "can we afford not?" Their cost/benefit analysis of child care concluded that we spend far less on young children than on older children, despite evidence that "the education of young children has greater payoff than dollars spent on the same children when they are older."

Of course, we must not penalize parents who choose to stay home with their children, often at great cost (which, at least for me, was tougher than working for pay). And we need to find ways to direct resources to the people who need them most. But this should not distract us from action.

The issues should be burning concerns, not just to parents of young children or advocates, but to political and business leaders.

As Charlie Coffey, former executive vice-president, RBC Financial Group, insists, these are crucial investments in Canada's prosperity. In 2003, he wrote: "It's time for business to step up to the plate — it's time for our leadership voice to be heard … In today's world, where education and skill levels determine future earnings, the economic and social costs to individuals, communities and the nation of not taking action on early childhood education are far too great to ignore, especially when the benefits far outweigh the costs. It's never too early to invest in children — the bottom line is that early childhood education and care matters to business!"

Indeed, they should matter to us all.

Wendy Cukier is the associate dean of the Ted Rogers School of Management at Ryerson University, Canada's largest undergraduate business school and the founder of Ryerson's Diversity Institute.

Deadline day moving?
ESPN.com is reporting the NHL trade deadline will be moved a day later from it's originally scheduled date to March 4. The website reports that it should be announced sometime in the next week. METRO NEWS SERVICES

Sports

Sergio wins one for Seve

Sergio Garcia picked up his first European tour victory in more than three years yesterday, winning the Castello Masters by three strokes. Garcia dedicated the win to fellow Spanish golfer Seve Ballesteros, who is hospitalized after surgery on a brain tumour. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Phillies take stranglehold

WORLD SERIES – GAME 4

Rays 2 Phillies 10

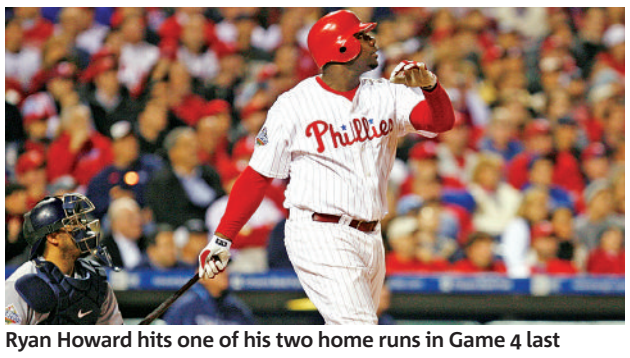
RAYS VS PHILLIES

The Phillies are one victory away from ending a quarter-century worth of championship frustration in Philadelphia.

Ryan Howard homered twice and drove in five runs, and Joe Blanton hit his first major league homer and had seven strikeouts over six-plus dominating innings, powering the Phillies to a 10-2 victory over Tampa Bay in Game 4 of the World Series.

Blanton belted a solo homer in the fifth inning, Howard added a three-run blast in the fourth and a two-run shot in the eighth, and Jayson Werth clubbed a two-run homer in the eighth. Ahead 3-1 in the best-of-seven series, the Phillies need one win for their second title, with the other coming in 1980. Philadelphia hasn't had a major sports title since 1983 when the 76ers won the NBA championship.

Jimmy Rollins went 3-for-5 and scored three times for the Phillies, who headed into yesterday 2-for-33 with runners in scoring position. The Phillies have their ace on the mound for today's Game 5 in 24-year-old Cole Hamels, while the Rays go with fellow lefty Scott Kazmir in a pitching rematch of the opener.



Ryan Howard hits one of his two home runs in Game 4 last night. The Phillies romped to a 10-2 win.

METRO NEWS SERVICES

Giants D wears down Steelers

Giants 21, Steelers 14

Eli Manning threw for 199 yards and a touchdown on 19-of-32 passing, but the story of the game was New York's defence, which had five sacks, four interceptions, forced two fumbles and recorded a safety to lead the Giants in a 21-14 victory over the Steelers in what some called a Super Bowl preview. Brandon Jacobs led the way on the ground with 47 yards for the Giants (6-1), who have won two straight contests following their lone setback to the Browns.

CHARGERS 37, SAINTS 32

A trans-Atlantic trip was just what Drew Brees and the New Orleans Saints needed to get their season back on track. Brees went 30-for-41 for 339 yards and three touchdowns against his former team to lead the Saints to a 37-32 win over San Diego at Wembley Stadium in London.

REUTERS/JASON COHN

The Steelers' Troy Polamalu tries to tackle Giants running back Derrick Ward during New York's 21-14 win yesterday.

PATRIOTS 23, RAMS 16

Kevin Faulk rushed for 60 yards on 13 carries and his 15-yard touchdown reception late in the fourth quarter was the difference as New England topped St. Louis, 23-16, at Gillette Stadium.

Matt Cassel completed 21-of-33 passes for a career-high 267 yards, but was intercepted twice for the Patriots (5-2), who have won three of four.

COWBOYS 13, BUCS 9

Roy Williams scored his first touchdown as a Cowboy, and the Dallas defence made a crucial stop in the last minute to give the Cowboys a 13-9 victory over the Tampa Bay Buccaneers at Texas Stadium.

METRO NEWS SERVICES

Bombers edge Als in Montreal

CFL Alexis Serna's 32-yard field goal with 1:32 left in regulation sent Winnipeg over Montreal 24-23 yesterday at Molson Stadium.

Winnipeg Starter Kevin Glenn threw for 121 yards and a score on 13-of-18 completions before leaving the game with an injury to his non-throwing hand.

METRO NEWS SERVICES

Sutter released from hospital

HOCKEY Carolina Hurricanes centre Brandon Sutter was discharged from hospital yesterday after suffering a concussion a night earlier.

Sutter was hurt during Saturday's 4-3 win over the New York Islanders after taking a hard but clean check from Doug Weight.

The 19-year-old was discharged from a Long Island hospital and will return to Raleigh where he will be further reviewed by the Hurricanes' medical staff.

METRO NEWS SERVICES

Franzen out 3-4 weeks

HOCKEY Red Wings forward Johan Franzen will be out for three to four weeks because of a sprained left knee, the team said yesterday.

The Detroit left winger damaged the medial collateral ligament during the second period of Saturday night's 6-5 shootout win over the Chicago Blackhawks.

METRO NEWS SERVICES

SCOREBOARD

MLB

WORLD SERIES
BEST OF SEVEN
PHILLIES LEAD 3-1
LAST NIGHT'S GAME
Philadelphia 10, Tampa Bay 2
TONIGHT'S GAME
Tampa Bay at Philadelphia
WEDNESDAY'S GAME
Philadelphia at Tampa Bay - x
THURSDAY'S GAME
Philadelphia at Tampa Bay - x
x - if necessary

CFL

EAST DIVISION

	W	L	T	PTS
y-Montreal	11	6	0	22
x-Winnipeg	7	10	0	14
TORONTO	4	13	0	8
Hamilton	3	14	0	6

WEST DIVISION

	W	L	T	PTS
y-CALGARY	12	5	0	24
x-B.C.	11	6	0	22
x-Saskatchewan	11	6	0	22
x-Edmonton	9	8	0	18

(x - clinched playoff spot)
(y - clinched division title)
WEEK 18
SUNDAY RESULT
Winnipeg 24 Montreal 23
SATURDAY RESULTS
B.C. 55 TORONTO 32
Saskatchewan 55 Edmonton 9
FRIDAY RESULT
CALGARY 28 Hamilton 17

NFL

WEEK 8
YESTERDAY'S RESULTS
Baltimore 29 Oakland 10
Carolina 27 Arizona 23
Cleveland 23 Jacksonville 17
Dallas 13 Tampa Bay 9
Houston 35 Cincinnati 6
Miami 25 Buffalo 16
New England 23 St. Louis 16
N.Y. Giants 21 Pittsburgh 14
N.Y. Jets 28 Kansas City 24
Philadelphia 27 Atlanta 14
Seattle 34 San Francisco 13
Washington 25 Detroit 17
New Orleans 37 San Diego 32
TONIGHT'S GAME
Indianapolis at Tennessee

NHL

WESTERN CONFERENCE
CENTRAL DIVISION

	W	L	OL	PTS
Detroit	6	1	1	13
St. Louis	5	3	0	10
Chicago	3	2	3	9
Nashville	4	4	0	8
Columbus	3	5	0	6

NORTHWEST DIVISION

	W	L	OL	PTS
Minnesota	5	0	1	12
Colorado	5	3	0	10
CALGARY	4	3	1	9
Edmonton	4	3	0	8
Vancouver	4	4	0	8

PACIFIC DIVISION

	W	L	OL	PTS
San Jose	7	2	0	14
Anaheim	4	5	0	8
Dallas	3	4	2	8
Los Angeles	3	4	0	6
Phoenix	3	4	0	6

EASTERN CONFERENCE
NORTHEAST DIVISION

	W	L	OL	PTS
Buffalo	6	0	2	14
Montreal	5	1	1	11
Boston	3	2	3	9
Toronto	3	2	3	9
Ottawa	2	5	1	5

ATLANTIC DIVISION

	W	L	OL	PTS
N.Y. Rangers	8	2	1	17
Pittsburgh	5	2	1	12
New Jersey	5	2	1	18
Philadelphia	2	3	3	7
N.Y. Islanders	2	5	0	4

SOUTHEAST DIVISION

	W	L	OL	PTS
Carolina	4	2	1	9
Washington	4	3	1	9
Florida	4	4	0	8
Atlanta	2	4	2	6
Tampa Bay	1	3	3	5

YESTERDAY'S GAMES
No Games Scheduled
TONIGHT'S GAMES
Ottawa at Buffalo
Anaheim at Columbus
N.Y. Rangers at N.Y. Islanders
Chicago at Minnesota
Boston at Edmonton
Detroit at Los Angeles

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Less gasoline means less CO2
Every litre of gasoline you save means 2.4 kilograms less carbon dioxide are released into the atmosphere, according to Greeniology: How to Live Well, Be Green and Make a Difference by Tanya Ha. METRO NEWS SERVICES

Going Green

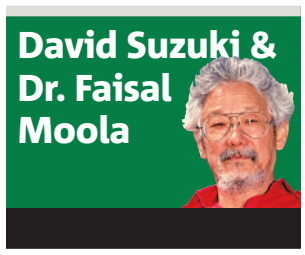
Stay cosy this winter

Some tips to stay cosy this winter from Direct Energy: Service your furnace well before the cold weather arrives; use the microwave to heat up a bowl of soup or cup of hot chocolate — microwaves use less energy than stoves; close doors and warm-air registers in rooms you don't use. For more tips, visit www.keepwarm.ca. METRO NEWS SERVICES

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Speak up for the environment

ScienceMatters

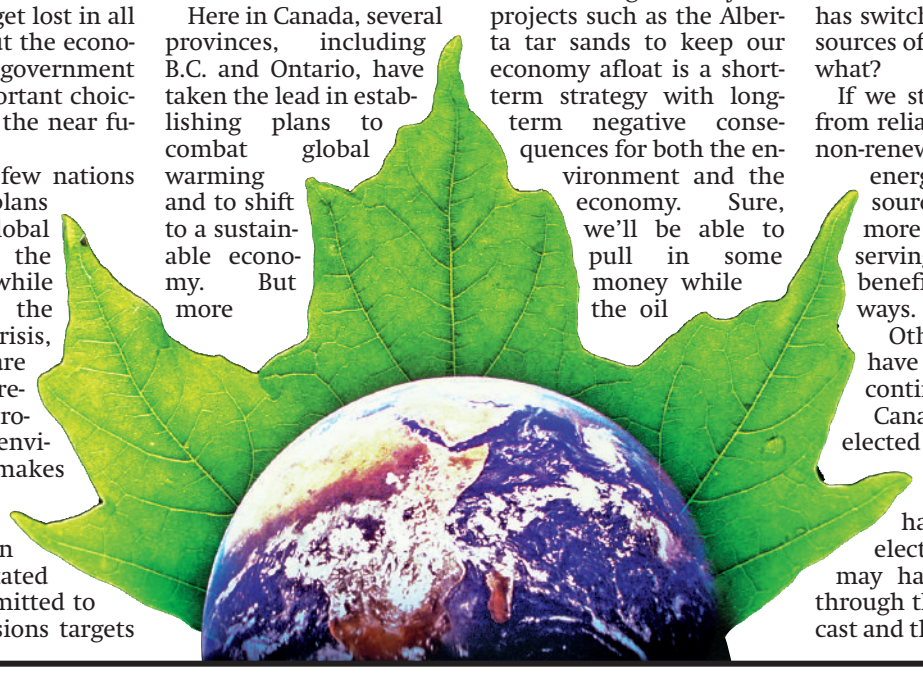


We've just had our federal election and, if nothing else, the environment did become an issue. Unfortunately, global warming and other environmental issues were overshadowed by an economic crisis and, no doubt, by the fear people have of the word "tax," so much so that they didn't notice the word "cuts" was also in there.

Now it's up to all of us to make sure the environment doesn't get lost in all the noise about the economy. The new government has some important choices to make in the near future.

Although a few nations are putting plans to combat global warming on the back burner while they weather the economic crisis, many more are holding fast, realizing that protecting the environment makes good economic sense. The European Union has stated that it is committed to meeting emissions targets even as some Eastern European countries are getting cold feet.

Here in Canada, several provinces, including B.C. and Ontario, have taken the lead in establishing plans to combat global warming and to shift to a sustainable economy. But more needs to be done, especially at the federal level.



Continuing to rely on projects such as the Alberta tar sands to keep our economy afloat is a short-term strategy with long-term negative consequences for both the environment and the economy. Sure, we'll be able to pull in some money while the oil lasts, or while it is economically feasible to extract, or until the rest of the world has switched to renewable sources of energy, but then what?

If we start now to shift from reliance on dirty and non-renewable sources of energy to renewable sources, and if we put more effort into conserving energy, we will benefit in so many ways.

Other countries have proven this, and continue to prove it. Canadians may have elected a government that differs little from the one we had before the election — and they may have even shown, through the votes they did cast and through the disappointing apathy that many demonstrated, that it was difficult to connect with the parties that made the environment the top priority. But we shouldn't conclude that the results of the election mean that the window of opportunity for government action on the environment has slammed shut.

A minority government such as the one we just elected has an even greater responsibility to listen to all our voices. We just have to speak loudly enough to be heard.

Take David Suzuki's Nature Challenge and learn more at www.davidsuzuki.org.

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

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Alberta Works

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

Work stressful for moms

ALICIA FOX
for Metro Calgary

Tammy Marsden, a single mother to one-year-old Emily, knows she needs to move back into the workforce to support her little family, but is running into unforeseen difficulties.

"The first challenge is balancing childcare with going back to work," she said, adding that she's spent every day of Emily's life with her and she worries she may not put her child into the right person's hands.

Another challenge, she said, is simply that she has to balance raising a baby — work enough as that is — go to work, and then come home to the cleaning, laundry, and cooking.

"It's double the workload," she said.

Rona Fluney, a personal and leadership coach with Kinetic Coaching, said she understands the challenges, particularly in Calgary where there's up to a year's waiting list for day cares.

Fluney, a mother herself, suggests moms look for jobs where flexibility is allowed and employers understand if the mom needs time off for holidays, sick days, or child-rearing activities.

A good indication, she said, is an employer with a career day at work, which she said would be important to a child who is older and curious about mom or dad's workplace.

Fluney said the next battle moms face is wondering if they still have what it takes once they head back to work.

Marsden agrees, especially since she's starting a brand new job.

Returning to work can be frustrating for moms.

"Not going to work for so long is kind of like not going to school (for a while). You kind of forget things."
Tammy Marsden

"Not going to work for so long is kind of like not going to school (for a while)," she said. "You kind of forget things."

But that trepidation takes a backseat to the stress Marsden feels about balancing everything, especially without a support system, which Fluney said is especially important when it comes to mom taking care of herself.

"If you don't look after yourself, you're not going to be a good parent," Fluney said. Taking a walk, dropping the kids off at grandma and grandpa's for a day, or just taking a breather is an important stress reliever.

"Have all of your stress management in place as far as looking after your health, and make sure you have some 'me' time," she said.

"I just find time (for myself)," Marsden said. "You always have to make time for yourself, otherwise you'll go crazy."

Service sector in demand

ALICIA FOX
for Metro Calgary

Those who seemingly cannot find jobs that correspond with their education may just be looking in the wrong places.

Debbie Wershler, vice-president of workforce management with Bowen, said that while education can open doors, some degrees do not properly equip students for the workforce.

"Their parents might have been tradespeople or labourers, and they want something better for their children," she said.

What's in demands right now are the labour jobs, and she said many students find a difference between what they went to school for and what the job really entails.

If students are interested in working in their field, Wershler recommends they find a company with a summer student program, as many employers screen for new employees this way.

However, she doesn't dismiss getting an education, since some of the highest demands in the labour force are in sectors such as government and health care.

"Health care will see nothing but increase (in demand)," she said, adding the aging population in many government jobs means there will be good opportunities there, as well as in non-profit organizations.

The main demand, however, is in the service sector, physical labour force, and retail, and while employers are looking, potential employees have the chance to shop around.

"In the past, you were stuck because it was easier to put up with it than find another job," she said. "Now it's (the other way around)."

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Jobs abound for skilled workers

ALICIA FOX
for Metro Calgary

There is no shortage of jobs, particularly for the skilled worker, statistics show.

The economy is cooling, and so is Alberta's hot job market — but only a little.

From August to September of this year, unemployment rates in the province went up from 3.5 per cent to 3.8 per cent, which Terry Jorden from Alberta Employment and Immigration said can be attributed to the softening economy.

"We had records set one and two years ago and we're at the other side of that peak right now," he said of the job market.

While a 3.8 per cent unemployment rate still reflects a tight labour market, he said, Alberta retains the lowest rate in Canada to date, with the national unemployment rate at 6.1 per cent.

While 24,600 people joined the work force in September, joining does not mean working. Instead, said Jorden, it means the person is of age and capable of work, and interprets the unemployment increase to mean that those who have moved here are still looking for work.

However, despite an increase in unemployment rates, there's no shortage of jobs, particularly for the skilled worker.

"I would think for those most likely to be unemployed, they're most likely to be lower-skilled," Jorden said. "So even in a booming economy, you still need the skills to be able to secure employment."

The area of job growth in particular in the last year has been in the "services producing industries." In the professional, scientific and technical services industry, 27,000 new jobs have been created; in retail there are 17,500 new jobs; and in educational services there are 12,100 new jobs.

Other trends the Alberta economy is seeing is employment rates rising in young adults — those aged 15 to 24 — and seniors over 65. According to the Second Quarter Report on labour market trends put out by Alberta Employment and Immigration for April to June 2008, employment growth for youth aged 15 to 24 was up 3.3 per cent, while employment among adults over 65 increased 17.3 per cent over the same period a year ago.

This is good news, said Jorden, as there has been a bigger focus by the government on attracting underrepresented talent in the workplace, which has included improving programs for youth and young adults, those with disabilities, and aboriginals. Programs such as Youth Connections may be drawing a younger workforce.

"Times have changed, and a person who's 60-years-old has different views about retirement," he said.

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Maintenance Technician

The key role of this position is to provide the tenants of Bankers Hall with a high level of customer service in the completion of tenant requests while performing maintenance duties on various types of building equipment. 3 years experience with mechanical equipment including: pumps, motors, boilers, chillers and air handling units is required and first-hand knowledge of plumbing/electrical installations and repair, building automation systems, controls and instrumentation is an asset. A Fifth or Fourth Class Power Engineering Certification is a definite asset.

Senior Maintenance Technician

On a day to day basis the successful candidate will service tenant requests, conduct mechanical rounds, and provide training and assistance to other maintenance staff and building operators with projects as required. Responsibilities include managing the day to day functions of the facility including, but not limited to: Life Safety systems, mechanical system maintenance, building envelope inspections and maintenance, elevators/escalators and electrical distribution systems, department purchasing and organizing & working shutdowns. Five years' experience and a thorough understanding of a wide range of mechanical and electrical systems and equipment including pumps, motors, boilers, chillers, all air handling equipment and plumbing/electrical installations and repair is required. Knowledge of computer automation systems and a Fourth Class Power Engineering certificate is an asset.

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Email: **westernresumes@brookfieldproperties.com**
Website: **www.brookfieldproperties.com**

We thank all applicants for their interest, however only those who qualify for an interview will be contacted.

Brookfield Properties

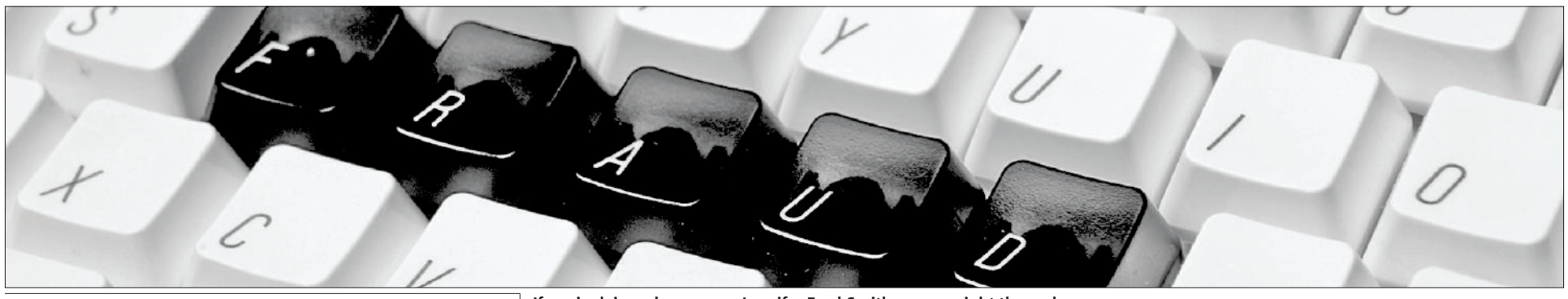
University of Waterloo launches green website
The University of Waterloo recently launched a sustainability website to feature its green initiatives on campus and in the community. The site centralizes information on sustainability that had been scattered throughout the university web space. METRO NEWS SERVICES

Workology

Homecoming cost

The cost of policing liquor-fuelled parties coinciding with Queen's University Homecoming last month so far totals $296,000, and the tab could go higher should the Ontario Provincial Police bill the Kingston department for staff time. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA



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www.cn.ca/careers

If you're lying, chances are Jennifer Ford-Smith can see right through you.

Warning to fraudsters everywhere: Watch out

OddJobs

Diane Peters

"I've got a dead body! I've got a dead body!" Jennifer Ford-Smith cried out one day at work.

Her colleagues probably thought she had lost it. But Ford-Smith was used to people not quite getting her passion for sniffing out crime.

The dead body — found inside a home bought with a mortgage through the lending company she worked for — meant that the police would get involved with her investigation into the defaulted payments.

As a fraud examiner for a mortgage company, she investigates loans gone awry to see what went wrong (and maybe get some of the money back) and trains staff to sniff out scams at the application stage.

Ford-Smith's crime sense started young: She adored math puzzles and mystery books and was able tell if someone was lying. After studying international relations, she signed on with a temp agency that sent her to a bank's mortgage division to review applications.

She found one or two frauds a day. She flagged everything from faked government assessments to lies about income. Her colleagues in the same department didn't find nearly so many questionable applications.

"You're good at this," her boss said. Just two weeks later, the bank hired her permanently and moved her to the bank's audit department, where she reviewed mortgage documents and did investigations. A few years later, a newly launched mortgage company hired her to start a fraud and audit department.

"When a mortgage company is new to the market the word gets out amongst the criminal set, and they often try to attack it right at the beginning, when the controls are weak," says Ford-Smith.

She keeps on top of fraud trends — which she shares with staff at her company — by reading and talking to others in the industry, including the police.

Her biggest investigation surrounded the home in Montreal where the dead body was found. A biker gang was involved, as was cocaine, seeds for a grow-op, human trafficking and other crimes. Ford-Smith spent months in an office with a lawyer combing through documents to figure out what went on. The fraud ended up totalling $3 million and is currently before the courts.

Ford-Smith, now 27, recently moved to another job, setting up yet another fraud and audit department at a new lender. About eighteen months ago, she completed her certification through the Association of Certified Fraud Examiners in Texas. She's now working on certification through the Association of Certified Anti-Money Laundering Specialists of Miami.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Certified Fraud Examiner
Salary: $70,000 and up
Education/training: Certification through the Association of Certified Fraud Examiners
Best Part of the Job: "The satisfaction of seeing what you suspect — I know this person's lying, I think these things are false — to see a fraud investigation coming to an end and to see you were right all along."
Worst Part of the Job: "You can get stuck in a 10-by-10 room for months on end, just looking through pieces of paper."

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Oprah denies potential role if Obama wins
Talk-show host Oprah Winfrey has denied reports she has been courted by U.S. presidential candidate Barack Obama to become the country's U.K. ambassador if he is elected into office next month. IMDB.COM

Entertainment

Cleopatra in 3-D
Catherine Zeta-Jones has been tipped to play Cleopatra in a new 3-D rock 'n' roll musical. Oscar winner Steven Soderberg will reportedly direct the $30-million US live-action movie. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

Book goes behind the 007 legend

BRIAN COULTON
for Metro Canada

Current Bond Daniel Craig

He's got ladies, liquor and a licence to kill.

His name's Bond ... James Bond, that is, and his meticulous attention to detail and personal drive are probed in Quantum of Solace: The Complete James Bond Short Stories by Ian Fleming. The nine-part anthology is the first in which Fleming's bibliography of Bond shorts is collected, including From A View to a Kill, Octopussy and the title story, Quantum of Solace.

Unlike their film adaptations, the stories within divulge far more of Bond's personal life and beliefs and aid in justifying his actions and purpose as a character.

The short stories act as a roadmap from which the cinematic adaptations draw, picking up pieces from the cutting room floor to generate a different, literary Bond prototype.

The collection is not for everyone, but for those intrigued by the narrative behind the legend, this account's for your eyes only.

• **Read Book Picks on Heroes & Villains, Goldengrove and The Pages at metronews.ca/entertainment.**

In brief

BOX OFFICE The top movie at the weekend box office was High School Musical 3: Senior Year with $42 million US.

REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

IntelleVision

Rick McGinnis

read it at metronews.ca

Buon Giorno's top-notch Italian

Buon Giorno
823 17th Ave. SW
403-244-5522

Signature Dish: Pasta
Hours of operation: Sun-Thu (11:30 a.m. to 10 p.m.), Fri-Sat (11:30 a.m. to midnight)
Rating: ●●●●
Price Range: $$ (out of 5)
Reservations: Not needed

This restaurant is good for:
Client negotiations: YES
Lunch w/ co-workers: YES
Social client: YES
Quick solo lunch: YES
Time in: 12:13 p.m.
Ordered: 12:17 p.m.
Food arrived: 12:30 p.m.
Time out: 12:48 p.m.
Total time: 35 min.
Low $: Mixed/Caesar Salad, $6.95; **High $:** Grilled Beef Tenderloin, $26.95
Lunch: Lunch section in main menu, daily specials

LunchRush

Blaine Schlechter
blaine.schlechter@metronews.ca

17th Ave. — better known as the Red Mile — is known worldwide for its debaucherous nightlife. Sitting amongst the bars and nightclubs are some classy, and equally world-famous, lunch stops. One of the best of the bunch has to be Buon Giorno.

Buon Giorno looks and feels like a great little Italian eatery. It's not just the fireplace in the middle of the room but attention to detail, like fresh flowers on each table, that give Buon Giorno its ambience. While it is large in size it maintains an intimacy that makes you feel at ease.

Prosciutto Stuffed Tortellini with an Asparagus Cream Sauce.

For lunch I went with the daily special of Prosciutto Stuffed Tortellini with an Asparagus Cream Sauce ($16.95). This includes fresh buns (with every meal) and a soup or salad. Simply put, the food was delicious. The portion size, along with the extras, would be enough to satisfy any appetite. As expected, the menu was full of a variety of pasta dishes but also included some meat options for the extra hungry.

From the tasty food and the friendly staff right down to the cozy ambience and the speed of lunch, the complete Buon Giorno experience was top-notch.

One thing that bears mention — at a time when good service can be hard to find, the serving staff at Buon Giorno leave you with the impression they want to be there, and not that they have to be there, which is a friendly surprise.

Buon Giorno is a first-rate restaurant that I recommend for any occasion and any time.

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/27/08 primetime	267	351	- ACCESS	Help TV		The Mentalist (HDTV) (N)		Gossip Girl (HDTV) (N)		Two/Half Men	Samantha Who	Help TV
	243	317	3 CFCN	etalk	Hollywood	CSI: Miami (HDTV)		Dancing With the Stars			Corner Gas (N)	News (N)
	-	-	4 BROAD	(4) Broadcast News News.		Broadcast News News.						
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars (HDTV)			Samantha Who	Boston Legal
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	Dragon's Den (N)		The Border "Peak Oil"		CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	Bones (N)		My Own Worst Enemy		Heroes "Eris Quod Sum"		News Hour
	246	-	8 CKAL	Law & Order: SVU		Celebrity Fit Club		Chuck (HDTV) (N)		Curb-Enthsm	Less-Kind	Your City
	119	705	9 CBXFT	Virginie (SC)	Les Parent	L'Auberge du chien noir (SC)		Hauts		Le Téléjournal (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News (N)	Hollywood	The Doctors		Big Bang Th	How I Met	Two/Half Men	Worst Week	CSI: Miami
	-	374	14 KSPS	NewsHour With Jim Lehrer		Jack Benny	Wait for God	Antiques Roadshow		American Experience: LBJ: Last Believer		
	502	390	15 CBC	CBC News: The National		Colour of Money		CBC News: The National		CBC News: The National		Colour-Money
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Chuck (HDTV) (N)		Heroes "Eris Quod Sum"		Worst Enemy
	-	373	22 KAYU	MLB Baseball: World Series Game 5 -- Rays at Phillies				Malcolm-Mid.	According-Jim	King of the Hill	The Simpsons	News (N)
	297	652	37 WPIX	One Tree Hill (HDTV) (N)		CW11 News at Ten (N)		Two/Half Men	Friends	Sex and-City	Will & Grace	According-Jim
news	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	Lou Dobbs Tonight		Nancy Grace		Showbiz Tonight		Lou Dobbs Tonight		Nancy Grace
sports	400	400	21 TSN	(6:30) NFL Football Indianapolis Colts at Tennessee Titans.					SportsCentre		UEFA Weekly	Poker
	408	418	27 net	(6) MLB Baseball World Series Game 4 -- Tampa Bay Rays at Philadelphia Phillies.						Sportsnet Connected (Live)		Best-Sports
	410	403	30 SCORE	(7:15) WWE Monday Night Raw				(9:15) Score Tonight		WWE Monday Night Raw		
	411	457	44 OLN	Mantracker		Departures		Pilot Guides		Don't Forget Your Passport		Mantracker
	417	406	48 SPEED	Big Shots: Titans at the Tee		Barrett-Jackson		Pinks	Pass Time	This Week in NASCAR		Big Shots
family	552	543	20 YTV	Drake & Josh	iCarly	Malcolm-Mid.	Home Improve.	Malcolm-Mid.	Fresh Prince	Futurama	Prank Patrol	Mystery Hnt.
	557	541	39 FAM	Zoey 101	Life Derek	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	555	545	67 TOON	(6:30) *Scooby-Doo and the Ghoul School*			Ghosts-Scooby	Ghosts-Scooby	6teen	Total Drama	Futurama	American Dad
cable variety	575	583	11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Gone Country	Gone Country	Home Improve.	Home Improve.	Reba
	553	546	17 TREE	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	-	18 CHTV	The Insider (N)	E! News	(8:02) Boston Legal		'Til Death	How I Met	How I Met	Worst Week	News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	House	Style by Jury	Will & Grace	Friends	How Clean	House	Love It or List It (N)		Real Est
	521	560	24 TLC	Jon & Kate	Jon & Kate	17 Kids-Count	17 Kids-Count	Little People	Little People	Jon & Kate	Jon & Kate	17 Kids-Count
	603	561	25 FOOD	Good Eats	Ace of Cakes	Kitchen Nightmares		Restaurant Makeover		Sugar Skyscrapers		Good Eats
	615	520	26 A&E	Intervention "Allison"		Paranormal State (N)		Paranormal	Paranormal	Intervention "Jacob"		Intervention
	617	522	32 SHOW	Prime Suspect 7		Love-Death	Love-Death	Painkiller Jane		Kenny-Spenny	Rent-A-Goalie	Name Is Earl
	601	562	33 SLICE	Beautiful	Party Mamas	Project Runway		Til Debt-Part	Newlywed	Beautiful	Party Mamas	Runway
	-	633	34 ENC2	*Elvis Gratton II*	(7:20) *Finding Graceland* (1998, Drama)			*The Border* ★★ (1982, Drama) Jack Nicholson, Harvey Keitel.				*Blue Collar*
	520	505	35 DISC	Dirty Jobs (N)		Canada's Worst Driver		Daily Planet		Dirty Jobs		Worst Driver
	620	523	36 BRAVO	Eva: The Price of Passion		Decoding the Undertow		Law & Order "Venom"		Without a Trace		*I'm All Right*
	294	650	40 WPCH	(6) *John Q* ★★ (2002, Drama)			Family Guy	Family Guy	Seinfeld	*John Q* ★★ (2002, Drama), Robert Duvall		
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Simple Life
	-	539	42 TCM	(6) *In Name Only*		*Mr. and Mrs. Smith* ★★★ (1941, Comedy)				*Vigil in the Night* ★★★ (1940, Drama)		
	628	584	43 SPIKE	*Training Day* ★★★ (2001, Crime Drama) Denzel Washington, Scott Glenn.					MANswers	CSI: NY (HDTV)		Trek: Voyager
	522	516	45 HIST	Sinking a Destroyer		NCIS "Missing"		Battle 360		Sinking a Destroyer		NCIS
	627	528	46 SPACE	Battlestar Galactica		Eureka (N)		Stargate SG-1 (DVS)		Lost "Orientation"		Deep Space 9
	-	-	47 AMC	(6) *House on Haunted Hill*		*The Flesh Eaters* ★★ (1964, Horror)			(9:45) *Tales From the Crypt Presents Bordello of Blood* ★			
	619	525	49 TROP	News Show	News Show	TV Made, Do It	Very Bad Men		What Happen?	Make or Break	TV Made, Do It	Planet Soap
	600	564	50 HGTV	Property Virgin	Marriage	Income Prop.	House Hunters	Holmes on Homes		Property Virgin	Marriage	Income Prop.
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Berman's Call	Money Talks	Squeeze Play
	526	507	92 CLT	The Color of War		Mysterious Ways		Judging Amy		Scandalize My Name		Color of War
	269	350	93 APTN	News		MYTV	The Mix	La Voix Mechif	Metcom	Nedaa: Your Eye on the Yukon		Suaangan
	-	-	94 MCP	(6:30) News	News	Matchmaker	Mom's-Upset	It Will Be Difficult to Love		Marimar		Pinoy-Entertain
	571	581	100 MMM	Where You At	Revival	Gene Simmons	Gene Simmons	Party of Five		Gene Simmons	Gene Simmons	Party of Five
	570	580	101 MM	MuchNews	The NewMusic	MuchTopTens		MuchVibe		So You Think You Can Dance Canada		
	581	566	102 MTV	Super Sweet	The Hills	The Hills	After	MTV Live	MTV News	Man and Wife	The Hills	The Hills

critics'corner

Dragon's Den
A multipurpose casket? This we've gotta see. What does it do besides contain a body — hold beverages for the wake? A father-son team of entrepreneurs pitches this innovation in interrables to the Dragons in this new episode, which also includes proposals involving wine, golf and plus-size fashions. Dianne Buckner hosts. 8 PM on CBRT

NFL Football
Look who's in first place in the AFC South. For once, it's Peyton Manning looking up at a rival, in this case Kerry Collins and the Tennessee Titans, who could enter tonight's game in Nashville against the Colts a perfect 6-0. Last year these two teams split their season series, and it was Collins, in relief of an injured Vince Young, who engineered a second-half comeback versus Indy in Week 17 to get Tennessee into the playoffs. 6:30 PM on TSN

It's a boy for Poehler, Arnett

Comedians Amy Poehler and Will Arnett have welcomed their first child, a boy. Archie Arnett was born on Saturday and weighed in at 8 lbs., 1 oz., their rep Lewis Kay said in a statement. **PEOPLE.COM**

Celebrity Buzz

Hudgens doesn't regret nude pics

CELEBRITY High School Musical star Vanessa Hudgens doesn't regret the world seeing naked images of her, despite it leaving her "traumatized," imdb.com reports.

Hudgens was at the centre of controversy when the full frontal shots, which she reportedly took for her boyfriend Zac Efron, appeared on the Internet. But despite the pictures' effect on her squeaky clean reputation, Hudgens insists she is a great believer in fate.

"I think that everything happens for a reason and I wouldn't take back anything that I've done," she says. "I don't like talking about it because it was something that was meant to be private and I'd still like to keep it as private as I can."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Damon wants daughters grounded

PARENTING Actor Matt Damon is determined his three daughters won't be spoiled by a lavish lifestyle, and plans to take them with him as he carries out charitable work in impoverished parts of the world, imdb.com reports.

The star has become well-known for his philanthropic efforts in Africa and around the world. And he wants Isabella, two, two-month-old Gia and step-daughter Alexia, 10, to follow in his footsteps.

"It's a hard thing to explain to a kid. And it is also unbelievable the way other kids are forced to live," he says. "The way you have to parent them is to show them the world.

"Explaining the world can only go so far. You can read about devastation every morning … but when you actually go there and see it, you realize this isn't something you can turn the page on."

METRO NEWS SERVICES

Posh and Becks' doc deal

DOCUMENTARY David Beckham and his wife, Victoria, are set for a $16-million US payday if his planned move to Italy goes ahead — they will make a film of their new life, imdb.com reports.

The soccer player is lining up a move from Los Angeles to Europe to play on loan for AC Milan football club in January. If the transfer goes ahead, the celebrity couple will be offered the chance to make a documentary about their showbiz lifestyle.

Italian Prime Minister Silvio Berlusconi, who owns AC Milan, is said to be planning to offer the Beckhams $16 million for the film. Victoria made a similar documentary, entitled Victoria Beckham: Coming to America, covering their move to America when Beckham signed for L.A. Galaxy in July 2007.

"It will be similar in format to the U.S. documentary last year, but this time the budget is absolutely huge. It will be a really polished, professional production," a source tells Britain's Daily Mirror.

"With Silvio 100 per cent behind the project, as part of his vision to expand the AC Milan brand, it really will be no holds barred."

METRO NEWS SERVICES

Paparazzi scares Biel

FAME Actress Jessica Biel finds dealing with the paparazzi the hardest part of the celebrity lifestyle, insisting the ever-present photographers often drive her to tears, imdb.com reports.

Biel found herself a major media target when she began dating pop star Justin Timberlake in 2007.

"It's hard. The hardest part of this whole wonderful, bizarre lifestyle and profession," she tells Britain's Marie Claire magazine.

"You have to be Zen about it, because it can make you crazy. There are times when I have been followed by men with giant cameras in giant SUVs all day long. It scares … me and I literally come home and emotionally erupt and cry it out and sit on the floor and think, 'Do I really want this?'"

METRO NEWS SERVICES

celebrity briefs

Barton likes being a free agent

RELATIONSHIPS After a string of high-profile relationships Mischa Barton says she likes being a free agent, People.com reports.

"I'm not used to being single but it's really nice," Barton says.

"It's great, actually," adds the former O.C. actress.

In fact, Barton has advice for other single girls: "Just embrace it," she says. "It's important to breathe for a minute."

METRO NEWS SERVICES

FameThrower

Joe O'Neill

Joe's take on celebrities

His breakout Hollywood movie saw him play a sensitive but troubled übergenius with a social conscience, and now Good **Matt Damon** wants you all to know just how caring he really is.

He swears his daughters won't become spoiled little celebspawn, indulging their every materialistic whim while remaining blissfully aware of the suffering in the world.

What about my suffering, **Damon**, if I'm still writing this column in 16 years and your girls aren't providing fodder for me?

Matt says he's not just going to tell his daughters about the plight of the less fortunate, but will actually show them the suffering.

Hopefully, this will include personally introducing them to everyone who paid money to see **The Legend of Bagger Vance**.

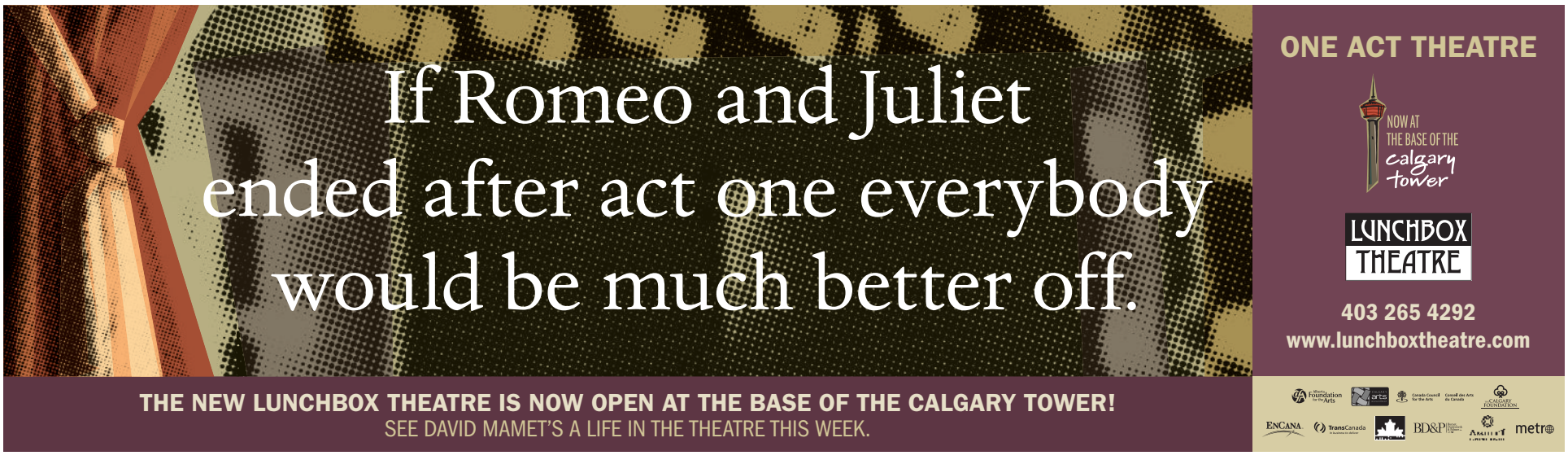
How much fun is it going to be for the girls?

Isabella's going to want a piñata for her birthday party, but instead **Damon** will make her and the other kids work on a water-filtration prototype.

Gia's going to get a trip to Burundi for her high school graduation present.

Alexa will have to go all **Jason Bourne** and liberate child labourers from a toy factory in China.

NEWSDESK@METRONEWS.CA


If Romeo and Juliet ended after act one everybody would be much better off.
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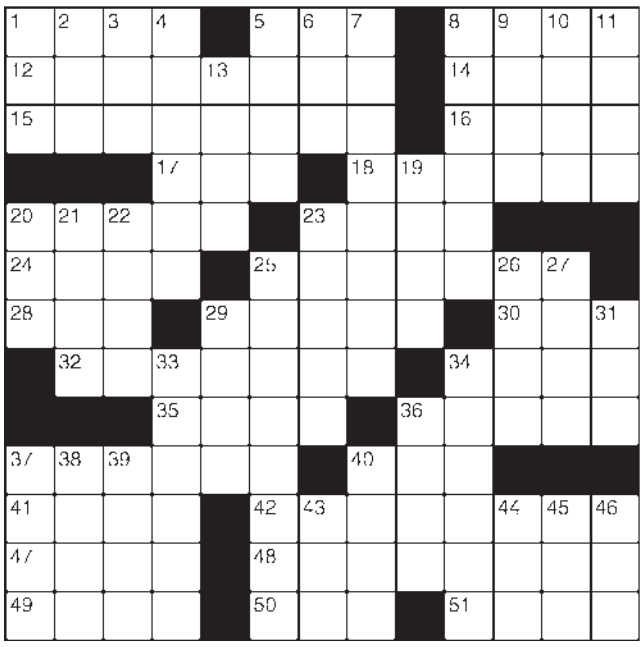

Crossword across

1 Split apart
5 Track circuit
8 Taj Mahal city
12 Phone number prefix
14 Reach 212 degrees F.
15 Be sycophantic toward
16 A single time
17 Prompt
18 Semblances
20 Little bird's call
23 Despot
24 Pianist Dame Myra
25 Unknown man
28 A Gershwin
29 "The Old — Bucket"
30 Boxer
32 Fastened a belt
34 Gambling game
35 NC school
36 Serf
37 "Ed Wood" Oscar winner Martin
40 Crib
41 Notion
42 Stop progressing
47 Bellow
48 Cinched
49 Venomous snakes
50 Biblical verb ending
51 Building block name

Crossword down

1 U.K. fliers
2 Historic period
3 Fresh
4 Trips the light fantastic
5 Adore
6 Lemony quaff
7 Ceased to exist
8 On the ship
9 Talent show prop
10 Wedding shower?
11 Microbrewery output
13 — d'état
19 "Death in Venice" author
20 Actor McBride
21 34-Down, for one
22 Jacob's brother
23 Bus fare, sometimes
25 Louvered window
26 October birthstone
27 37-Down replacer
29 Tex. neighbor
31 Comprehended
33 Lebanese trees
34 Finocchio
36 Lofty
37 Old Italian money
38 Commotions
39 Tide type
40 "Splish Splash" activity
43 Potent stick
44 Mr. Lincoln
45 Playground game
46 Self

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		9				5	2	
2	4						1	
			3		4	9		
		8			7	4		5
			1		6			
7		2	4			1		
		7	5		8			
	9						8	3
	6	3				2		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

7	5	4	9	1	6	8	3	2
3	2	1	4	8	7	9	5	6
8	6	9	5	3	2	7	4	1
1	8	6	3	2	9	5	7	4
5	9	7	8	6	4	1	2	3
4	3	2	1	7	5	6	9	8
9	1	3	2	5	8	4	6	7
2	7	5	6	4	1	3	8	9
6	4	8	7	9	3	2	1	5

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Recipe of the day

Baked Chicken with Tomatoes

INGREDIENTS:
1 egg
1/2 tsp (2 mL) salt
1/2 cup (125 mL) toasted Brazil nuts or blanched almonds, finely chopped
1/3 cup (75 mL) wheat germ
4 boneless skinless chicken breasts
2 tbsp (25 mL) olive oil
2 cups (500 mL) grape or cherry tomatoes, halved
1 tsp (5 mL) dried basil

METHOD:
1. Preheat oven to 425°F (220°C). Coat a baking sheet with cooking spray.
2. Place egg and salt in a shallow dish and whisk with 1 tbsp (15 mL) water. In another shallow dish, combine nuts and wheat germ. Dip chicken breasts into egg and then nut mixture. Place on the baking sheet and coat with cooking spray. Bake, turning once, for 15 to 20 minutes (depending on thickness) or until cooked through and crispy.
3. Meanwhile, heat oil in a large skillet over medium-high heat. Add tomatoes and basil and cook until just browned, 3 minutes. Serve with chicken.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A proposal is made and then cast aside. Don't investigate other people's business. Tentative moves are made after an alarming chat.

TAURUS
APRIL 21-MAY 21
Scan the news for a warning of changes. Prepare to be astounded by approaching intensity. An adversary's despair will signal the end of a battle.

GEMINI
MAY 22-JUNE 21
Your generosity will return to you. A friend takes your side in an ethical debate. Certain info makes you want to crawl back into bed.

CANCER
JUNE 22-JULY 22
A catty woman tries to preach. You've heard it all before when gossip involves a break-up. Don't work late even if you're indispensable.

LEO
JULY 23-AUG 23
Running wild helps you to avoid monotony. Warn someone about a terrible struggle. A health problem results from lack of motivation.

VIRGO
AUG 24-SEPT 22
An executive's etiquette needs adjustment. Dangle enticing prospects before an asinine associate. Go beyond duty in order to walk away with dignity.

LIBRA
SEPT 23-OCT 23
An innocent wimp has a run of good fortune. Don't complain of animosity in public areas. A naughty idiot only has eyes for you.

SCORPIO
OCT 24-NOV 22
Organizational problems should be dealt with. Allow others to talk you out of a bad decision. Someone will have convenient amnesia.

SAGITTARIUS
NOV 23-DEC 21
Power-driven problems can cause turmoil. Adjustment problems are to be expected. Don't volunteer because of a sense of obligation.

CAPRICORN
DEC 22-JAN 20
Try to be on the same page as your allies. Keep your eyes on your secret plan. Display your persuasive people skills.

AQUARIUS
JAN 21-FEB 18
Someone gives you the benefit of a doubt. A foolish friend is rebellious about responsibility. A peace lover comes to the rescue.

PISCES
FEB 19-MARCH 20
A hostile companion loses control. Confidence makes the difference in your objective. Politics creates quarrels between friends.

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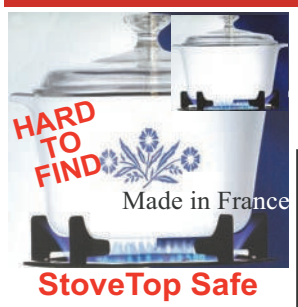

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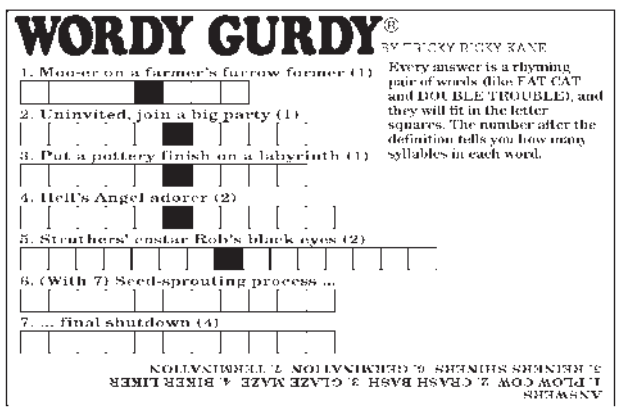
This day in history

OCT. 27, 1904: The first underground New York City Subway line opens; the system becomes the biggest in the United States, and one of the biggest in the world.
OCT. 27, 1971: Democratic Republic of the Congo is renamed Zaire.
OCT. 27, 1986: The United Kingdom government suddenly deregulates financial markets, leading to a total restructuring of the way in which they operate in the country, in an event now referred to as the Big Bang.
OCT. 27, 2004: Boston Red Sox win their first World Series in 86 years by defeating the St. Louis Cardinals.

METRO NEWS SERVICES


WORDY GURDY®
1. Moo-er on a farmer's furrow former (1)
2. Uninvited, join a big party (1)
3. Put a pottery finish on a labyrinth (1)
4. Hell's Angel adorer (2)
5. Struthers' costar Rob's black eyes (2)
6. (With 7) Seed-sprouting process ...
7. ... final shutdown (4)
Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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